

Dear Year 11 Parents,

We are now two thirds of the way through our academic year. Only one term remains of the Year 11 Preliminary Course before your son or daughter moves into their HSC pattern of study. This is an uncertain time for everyone and as we move into another unexpected period of remote learning, it is important that we all support each other.

I have added a link below that will take you directly to the Turramurra High School wellbeing page. This page can be accessed by students and parents and provides information on supporting emotional and physical wellbeing. It also provides links with wellbeing initiatives in the local community.

THS online Well-being Resources

During this time, It is important that your child maintains a strong balance between; academic work, adequate rest, exercise, a balanced diet and a balance of family, friends and reflective time. The greatest asset any student has is their family. Teachers are always here to help, so advise your child to communicate any difficulties with their class teachers. Students can also discuss any academic issues with their designated mentor. Any wellbeing concerns may be referred to the year advisor, head teacher welfare and/or relevant deputy.

Yearly Examinations

During this term please encourage your child to keep up to date with class work and assessments. They should also be engaging in regular revision and preparing study notes, as at this stage yearly exams are scheduled to start on **Thursday 26th August** (Week 7A). Remember the effort your child puts into preparation will pay them back with improved results.

During the examination period, students only need to attend school when they have an exam. They are welcome to study in the library if they find maintaining a routine is beneficial. Please ensure that your child checks their timetable carefully. It has been emailed to them. It is recommended that they arrive 30 minutes before the exam begins and they must ensure that they have all necessary equipment for the exam; that is pens, pencils, erasers, calculators if required, rulers and any other equipment required for specific subjects.

Yr 12 Jerseys

A google form will be created this term to choose size and style of jersey. Your child will also choose wording to go on the back of their jersey. Please ensure that wording is appropriate and respectful. Any inappropriate wording will be replaced by the student's surname.

I look forward to a productive term for your son/daughter before they begin the final year of school. Please do not hesitate to contact me if you need anything clarified or you have any concerns.

Dates to remember:

Elevate Study Skills: - Week 6B Friday 20th August

Yearly Examinations: - Week 7A Thursday 26th August to Week 9A Friday 10th September.

Kind Regards

Ms <u>Sarah Andrews</u> Year 11 Adviser