

Dear Year 12 Families,

Welcome to Term 3, this is an exciting term for Year 12 with much happening – after all the grit and determination they have displayed over the past six years, and particularly this year, the end of their high school career is almost upon us.

We should all be extremely proud of what your children have achieved over the last thirteen years of their schooling and I hope they are all very much looking forward to the new journey ahead. There may be times when your child may feel anxious about the Trials and upcoming HSC Examinations, please encourage them to seek assistance if needed, and feel free to contact the school if any further support is needed for your child. Now is an ideal time for them to ensure they are taking care of themselves in terms of mental wellbeing and physical health – a balance is key to getting them through the months ahead. We encourage all Year 12's to ensure they are practising their mindfulness and relaxation techniques e.g. stretching, colouring in, meditation etc.

The examination timetables for both the Trial and the HSC Examinations have been made accessible to your child. The students should have already organised their study timetables and be practising past HSC exam papers and revising in preparation for the upcoming examinations. Additionally, any students who would like to are encouraged to email Ms. Lusher-Main to request a study skills support session – during these sessions you can also identify key areas you wish to focus on e.g. strategies for exam preparation, creating study schedules etc.

Below is a list of important points that the students should consider in the lead up to their examinations:

- Carefully check the examination timetable and plan ahead so that you arrive well before the examination starts.
- Ensure you've had a something to eat before the examination (e.g. healthy breakfast) as well as a good sleep the night before.
- Check the length of each examination and be prepared for this
- As Trial and HSC examinations are supervised by an external provider, examinations rules and guidelines will be followed (e.g. phones turned off and left in bags, clear water bottles and pencil cases only to be brought in with them etc.)

I would also like to communicate the importance of students attending all of their lessons after the Trials, as it is important for them to receive feedback and complete their courses. During this period, teachers will be using these lessons to revise the content as well as consolidate student skills and understanding. Monday and Wednesday afternoons, at HOW in the library, are good times to catch up with revision or work with teachers on hand for support also.

Please remember that it is essential for all students to wear the full school uniform whilst completing their Trials. If your son/daughter is absent, please remember to email or contact the rolls

office. If they are absent the day before or the day of an assessment or assignment they will need to provide a doctor's certificate for their absence, as well as the illness/misadventure form available on the website. Please also note that normal scheduled classes will not be operating for Year 12 students during the Trial Examination Period – instead they are encouraged to use this time to revise and prepare for the upcoming assessments. The key dates for future examinations include:

- Trial Examinations Friday 7<sup>th</sup> August (Week 3) to Friday 21<sup>st</sup> August (Week 5)
- HSC Examinations Tuesday 20th October to Wednesday 11th November

For the Year 12 cohort, Term 3 is a time of many fun and exciting events. As we navigate the current state (in relation to COVID-19) we are endeavouring to ensure our Year 12's are able to have as many of these experiences as possible, whilst taking into consideration the health and safety of both students and staff. Important upcoming events are listed below, with specific dates and more information to be communicated with students and families at a later date, as it is anticipated that some may have to be put back to Term 4:

- Year 12 Formal
- Farewell assembly and picnic
- Graduation Evening
- Year 12 'themed' mufti days

Please do not hesitate to contact either myself or Ms. Sharman on 9449 4233 should you have any questions or concerns. We look forward to a safe, fun and memory filled Term 3 with you all.

Kind Regards,

Mersina Kourdis Year 12 Year Adviser