

# WHAT TO BRING TO CAMP

## Clothing

Checklist	Item	Amount
	Hat	x1
	Underwear	x3 minimum + additional spares recommended
	Socks	x3 minimum + additional spares recommended
	T-Shirts	x3 minimum
	Full Length Tops	x2 minimum <i>full length tops provide sun protection and are suitable for harness activities</i>
	Shorts	x2 minimum <i>Not too short as they will be inappropriate for harness activities</i>
	Long Pants or Tracksuit pants	x1 minimum
	Covered Shoes	x1 pair + additional spare pair recommended <i>Thongs and sandals are not recommended for outdoor use on site</i>
	Warm Jumper or Jacket	x1 minimum
	Wet Weather Gear or Raincoat	x1 minimum

## Bathroom

Checklist	Item	Amount
	Bath Towel	x1
	Toiletries	Toothbrush, Toothpaste, Deodorant & Soap <i>Roll on deodorant preferred</i>

## Medication

Checklist	Item	Amount
-----------	------	--------

	Personal Medication	Notify Year Adviser of personal medications: casey.smith29@det.nsw.edu.au AND joanne.duncalfe1@det.nsw.edu.au <b>You should notify the school on the permission notes you hand back to us.</b>
--	---------------------	---

## Bedding

Checklist	Item	Amount
	Linen Base Sheet	x1
	Linen Top Sheet	x1
	Sleeping Bag	x1
	Pillow Case	x1
	Pillow	x1

## Accessories

Checklist	Item	Amount
	Sunscreen	x1
	Insect Repellent	x1
	Water Bottle	X1 - that is able to be reused
	Day Pack/Bag	x1 - for bush walking and carrying gear to activities
	Torch	x1
	Garbage Bag(s)	To take wet or dirty clothes home in
	Beach Towel	x1

**Note:** Outdoor activities may result in the damage or soiling of clothing. Please ensure that clothing is suitable for outdoor recreational use. It is advised that these items (+hat) are packed in your day pack, ready to go .

## **What NOT to Bring**

- Phone - there will be NO mobile phones at Camp
- MP3 Players
- Lollies
- Energy Drinks
- Electronic Devices