



## SCHOOL EXCURSION / INCURSION NOTIFICATION

Dear Parent/Caregiver, an excursion/activity has been organised for your child.

<b>Excursion / Incursion</b>	<b>12SLR - The Coast Track EXPEDITION.</b>
<b>Date</b>	Tuesday 12th July 2022 - Wednesday 13th July 2022
<b>Year / classes involved</b>	12SL205 (12 SLR)
<b>Location</b>	The Royal National Park (V3J7+JF, Royal Nat'l Park NSW 2233)
<b>Purpose</b>	The nature of this expedition is to apply the skills developed and learnt through the Outdoor Recreation Module into a fully self guided overnight hike through the Royal National Park. This is an assessment based activity where each individual works as a group to contribute to the planning and execution phase of the camp. The culminating piece of this assessment is a 1000 word individual recount based on the benefits of Outdoor Recreation reflected in this 2 day camp. This camp is run in the second week of the July school holidays to minimise impact on class interruptions. The camp may involve swimming in natural environments such as the ocean, lagoons and creeks.
<b>Start time</b>	3:00am Chatswood Train Station at steps on Thomas Lane
<b>End time</b>	8:00pm Students will be released from the venue to make their own way home.
<b>Transport</b>	Mode of transportation will be multi modal. It will consist of catching multiple trains, one ferry and hiking.
<b>Cost</b>	No cost
<b>Dress requirements</b>	Non School Uniform is ideal. It is recommend students wear clothing appropriate for the activities that will be participated in for hiking and camping activities. This has been accounted for in the planning phase and can be requested of the student or seen here; <a href="https://docs.google.com/document/d/1-CTUv00p3FTsd1wfBlciDkm4h7DhEryDAe-iw02IFWk/edit">https://docs.google.com/document/d/1-CTUv00p3FTsd1wfBlciDkm4h7DhEryDAe-iw02IFWk/edit</a>
<b>Food</b>	Students have prepared a list of foods they have planned to consume on camp. This will include Breakfast x 2, Lunch x 2, Dinner x 1 and snacks x 7. A days worth of Kilojoules should equate to 2200kJ or 5000cal. Students will need to bring their own cookers if they are after warm food due to a no fire policy in National Parks.
<b>Equipment</b>	Here are some items though not a complete list: There is a need to supply your own Tent (shared between 2-3), Stove for cooking, Cooking and eating utensils, Sleeping bag, Sleeping mat (optional), Small first aid kit, Appropriate hiking attire Shoes for hiking and thongs/slides, 2 x 2L Drink bottle. See: <a href="https://docs.google.com/document/d/1-CTUv00p3FTsd1wfBlciDkm4h7DhEryDAe-iw02IFWk/edit">https://docs.google.com/document/d/1-CTUv00p3FTsd1wfBlciDkm4h7DhEryDAe-iw02IFWk/edit</a>
<b>Organising teacher</b>	Inoke Tuhukava
<b>Teachers attending</b>	Inoke Tuhukava

<b>Additional information</b>	<p>The costs to this camp are paid and organised by each individual student.  This accounts for:  Train Travel - \$20  Camp FEE NPWS - \$20  Ferry - \$10  Spending Money \$10-\$20  Food - Determined by students preparedness \$40 - \$50  Total Outlay - Aprox.\$110</p>
<b>Educational outcomes</b>	<p>SELF RAN CAMP with Teacher shadowing and assessing decision making processes by the students:  - Applying mapping skills such as reading bearings and understanding course direction.  - Understanding and applying National Park rules and responsibilities including low trace camping. - Applying and demonstrating preparation for a variety of outdoor recreational pursuits.  - Ability to work as a team of 2-5 to organise and pack essentials needed in outdoor recreational activities.  - Demonstrating special considerations for any members of their group members such as medication, food requirements etc.  - Are aware of potential dangers and are able to apply basic first aid treatments as needed.</p>
<b>Consent Form and Payment due to Office by</b>	<p>Thursday 30th June 2022</p>

***General Information Concerning Excursions / Incursions***

1. Excursions and Incursions form an integral part of the curricula by providing enriching experiences which cannot be provided in the classroom.
2. This excursion/incursion has the approval of the principal. A risk management plan has been submitted to the principal as part of the excursion planning.
3. Students must wear full school uniform unless otherwise instructed above. Students who are not in uniform will not be allowed to attend.
4. A standard of behaviour is expected of all students representing the school in the greater community.
5. Please note the time and place of departure and return, transport arrangements, uniform requirements and food as advised above.




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Mr David Arblaster  
**Principal**