

# WHAT TO BRING TO CAMP

**Clothing:** Outdoor activities may result in the damage or soiling of clothing. Please ensure that clothing is suitable for outdoor recreational use.

Checklist	Item	Amount
	Hat	x1
	Underwear	x3 minimum + additional spares recommended
	Socks	x3 minimum + additional spares recommended
	T-Shirts	x3 minimum ( <i>no singlet tops please</i> )
	Full Length Tops	x2 minimum <i>full length tops provide sun protection and are suitable for harness activities</i>
	Shorts	x2 minimum <i>Not too short as they will be inappropriate for harness activities</i>
	Long Pants or Tracksuit pants	x1 minimum
	Covered Shoes	x1 pair + additional spare pair recommended <i>Thongs and sandals are not recommended for outdoor use on site</i>
	Warm Jumper or Jacket	x1 minimum
	Wet Weather Gear or Raincoat	x1 minimum

## Bathroom

Checklist	Item	Amount
	Bath Towel	x1
	Toiletries	Toothbrush, toothpaste, roll on deodorant & soap <i>No aerosol spray cans/deodorants</i>

## Medication

Checklist	Item	Amount
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	Personal Medication	Notify Year Adviser of personal medications: tina.baynie3@det.nsw.edu.au AND jay-marie.kieler@det.nsw.edu.au <b>You should notify the school on the permission notes you hand back to us.</b>
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## Bedding

Checklist	Item	Amount
	Linen Base Sheet	x1
	Linen Top Sheet	x1
	Sleeping Bag	x1
	Pillow Case	x1
	Pillow	x1

## Accessories - please pack these items, with a hat, in a day backpack

Checklist	Item	Amount
	Sunscreen	x1
	Insect Repellent	x1
	Water Bottle	X1 - that is able to be reused
	Day Pack/Bag	x1 - for bush walking and carrying gear to activities
	Torch - not mobile phone	x1
	Garbage Bag(s)	To take wet or dirty clothes home in
	Beach Towel	x1

## **What NOT to Bring**

- Phone - there will be NO mobile phones at Camp. Please do not bring mobile phones to camp.
- Lollies / Chocolates
- Energy Drinks
- Electronic Devices (including smart watches, phones and all devices)
- No aerosol spray cans / deodorants