



Turramurra High School
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SCHOOL EXCURSION / INCURSION NOTIFICATION

Dear Parent/Caregiver, an excursion/activity has been organised for your child.

Excursion / Incursion	Yr 10 PASS Snowy Mountains Camp
Date	Monday 23rd October 2023 - Thursday 26th October 2023
Year / classes involved	Yr 10 PASS Students
Location	Bungarra Alpine Centre
Purpose	Yr 10 PASS Snowy Mountains Camp
Start time	6:30am Turramurra High School
End time	6:45pm Returning to THS
Transport	Bus
Cost	\$770.00
Dress requirements	Clothes suitable for the camping experience. No singlets or crop tops!
Food	On the way to Jindabyne there will be a 40 min drivers break, Students Should bring a packed Lunch. Returning home from Jindabyne there will also be a 40 min drivers break at the Goulbourn rest area. Students will have the opportunity to purchase dinner.

<p>Equipment</p>	<p>STUDENT GEAR & EQUIPMENT LIST: STUDENT NOTES:</p> <p>Essential (each student MUST have the following): The following list is the equipment and clothing students must bring on the camp. Space is limited on vehicles and it is required that students bring all this equipment and clothing in a suitable bag or pack that they can carry:</p> <p>Packed lunch, snacks & water for Monday 2 litre water bottle (suggestion; recycle plastic bottle from home) Towel Pillowslip (pillows provided by ALI) Sleeping bag Personal toiletries gear Sun hat & beanie Sunscreen & lip balm Swimmers, board shorts & rashie 3 pairs of shoes: 1 – For hiking (ie comfortable/adequate foot Support 2 – For bike riding and general camp wear 3 - Old pair of running shoes/river booties for water based activities (they will get wet) Torch with spare set of batteries Rain jacket with hood that is windproof and waterproof. Mess Kit - comprising of plate, bowl, mug, knife, fork, spoon, and tea towel (this kit is best in a cloth bag with a drawstring). Clothing: Enough warm clothing suitable for spending 5 days on program (for example: track pants / shorts / t-shirts / warm tops / socks / underwear / pyjamas) – must have long pants for hike - not jeans. NOTE: Fleece or wool tops are best, no cotton jumpers if possible. 2 large plastic garbage bags Day pack – medium to large size with 2 shoulder straps for hike Gloves Sunglasses Set of thermals top & bottom– polypropylene or wool are best Personal medication Optional: Camera</p>
<p>Organising teacher</p>	<p>Inoke Tuhukava</p>
<p>Teachers attending</p>	<p>Inoke Tuhukava, Lucas Dawson, Mitchell Day, Sophie Cannard, Janelle Garland, Sally Lusher-Main</p>

<p>Additional information</p>	<p>*** Mobile phones brought on camp will be collected by school staff at Bungarra and stored for the duration of the program then returned to students when they leave Bungarra.</p> <p>PROGRAM DATES: Your program will run from Monday 23rd – Thursday 26th of October 2023 based on 3 nights and 4 days on program.</p> <p>INCLUDED IN YOUR PROGRAM: ALI will be responsible for providing the following aspects of your program: ACCOMMODATION: Total of nights = 3 <ul style="list-style-type: none"> • 2 nights' accommodation at Bungarra Alpine Centre • 1 night camping by the Thredbo River (groups on rotation) </p> <p>CATERING: <ul style="list-style-type: none"> • Monday – Dinner • Tuesday - Breakfast, Lunch & Dinner • Wednesday - Breakfast, Lunch & Dinner • Thursday - Breakfast & Hamburger Brunch The evening meal for the camp out experience will consist of a food box of ingredients from which students will prepare & dine together.</p> <p>ACTIVITIES: <ul style="list-style-type: none"> • Hike -Full day hike in Kosciusko National Park: Mt Kosciuszko and return (route dependant on snow cover, snow shoes provided if required). • Mountain Biking - Helmets, gloves, elbow & knee pads are supplied along with an appropriately sized bike. Enclosed shoes are required. This is a Full day activity on Bungarra's MTB Park and Trails • Canoeing – ½ day session on Lake Jindabyne. Students will be guided around the waterways of Lake Jindabyne, learning paddling techniques and safe practises in water and will be wearing a PFD at all times whilst in the water </p> <p>GUIDES & GEAR: <ul style="list-style-type: none"> • ALI to provide a Program Director, to manage the program and support school staff • ALI Guides: 1 Team Leader assigned to guide and support each group • ALI experienced and qualified guides to conduct activity sessions • ALI to provide all specialist equipment for activities: (Students to provide own sleeping bag) </p>
<p>Educational outcomes</p>	<p>This program has been designed to cater to all students in year 10 with a reasonable level of fitness. This excursion will take into consideration the PASS syllabus and the content learning areas such as Foundations of Physical Activity, Physical Activity and Sport in Society and Enhancing Participation and Performance. The activities participated in cover a broad range of movement types such as • Hiking • Mountain Biking • Canoeing & • Camping.</p>
<p>Consent Form and Payment due to Office by</p>	<p>Tuesday 26th September 2023</p>

General Information Concerning Excursions / Incursions

1. Excursions and Incursions form an integral part of the curricula by providing enriching experiences which cannot be provided in the classroom.
2. This excursion/incursion has the approval of the principal. A risk management plan has been submitted to the principal as part of the excursion planning.
3. Students must wear full school uniform unless otherwise instructed above. Students who are not in uniform will not be allowed to attend.
4. A standard of behaviour is expected of all students representing the school in the greater community.
5. Please note the time and place of departure and return, transport arrangements, uniform requirements and food as advised above.



Mr David Arblaster
Principal